

**SUPERIOR HEALTH SUPPORT SYSTEMS
HEARTHSIDE ASSISTED LIVING**

JOB SUMMARY

POSITION TITLE: Resident Care Aide (CNA)

OBJECTIVE:

To deliver quality assisted living services focused on maximizing residents' individual capabilities, while promoting Superior Health Support System's (SHSS) mission and vision statements.

NECESSARY REQUIREMENTS:

1. Must be able to pass a criminal background check.
2. Must be able to bend, squat and lift a minimum of 25 pounds.
3. Must be free from all communicable diseases.
4. Must have a compassionate and caring demeanor along with a calm, comfortable approach with the senior population.
5. Must have the ability to work independently with minimum supervision.
6. Must be a team player and have a positive attitude.
7. Must have the ability to communicate effectively in both verbal and written format with co-workers, residents, families, visitors and community members.
8. Must have a work history providing dependability and punctuality.
9. Must be detailed oriented and be able to multi-task.
10. Must be able to work a flexible schedule.
11. Must be able to work under the direction and policies of SHSS.

EDUCATION:

1. High School Diploma or GED preferred.
2. Preference given to Certified Nursing Assistants.
3. Preference given to candidates who have experience in long term care facilities such as foster care, assisted living homes, nursing homes, and hospitals.
4. Preference given to those candidates with knowledge of Dementia, Alzheimer's, mental illness, and other disabilities.

JOB DESCRIPTION:

Under the direct supervision of the Shift Supervisor and Manager, the Resident Care Aide of Hearthsides Assisted Living will:

1. Assist residents with activities of daily living to include, but not limited to, toileting, bathing, dressing, grooming and personal hygiene, incontinence care, dining and social activities according to their individual plan of care.
2. Assisting residents with ambulation in the use of walkers, canes, wheelchairs, gait belts and proper body mechanics according to their individual plan of care.

3. Record keeping and reporting of changes in residents eating, sleeping, toileting and behavior patterns to the Shift Supervisor.
4. Light housekeeping.
5. Assist with all resident and facility laundry.
6. Assist with meal service and clean up.
7. Assist with the physical demands of lifting and transferring residents for all 2-person assist.
8. Staff to resident one on one and group socialization.
9. Other duties as assigned by the Shift Supervisor and Manager.

WORK CONTACT GROUP:

All employees, residents, families, visitors and community members.

SUPERVISED BY:

Shift Supervisor, Manager, CEO, Director of Nursing, SHSS Board of Directors